

2018 YEAR IN REVIEW

132

Active
Veteran Peers

627

Service Members and
Veterans Assisted

429

Drill & Outreach
Events Attended

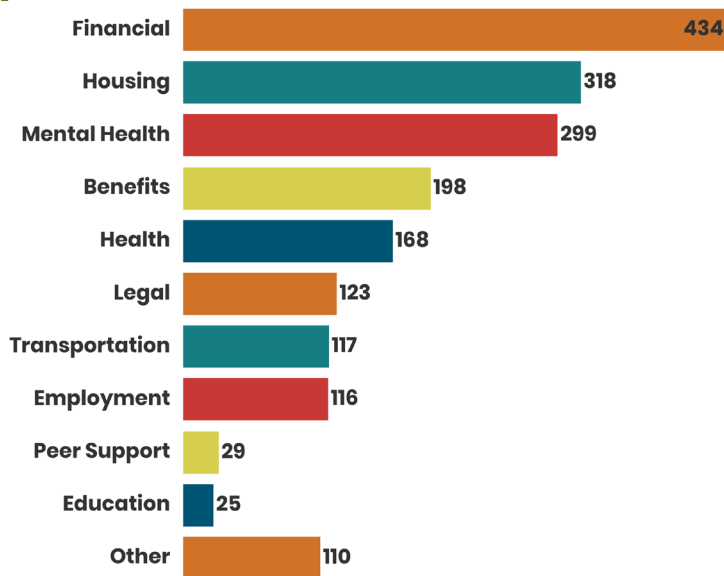
30,490

Volunteer and Staff
Miles Traveled

43

Volunteer Professional Development
and Training Conference Calls

Concerns Identified



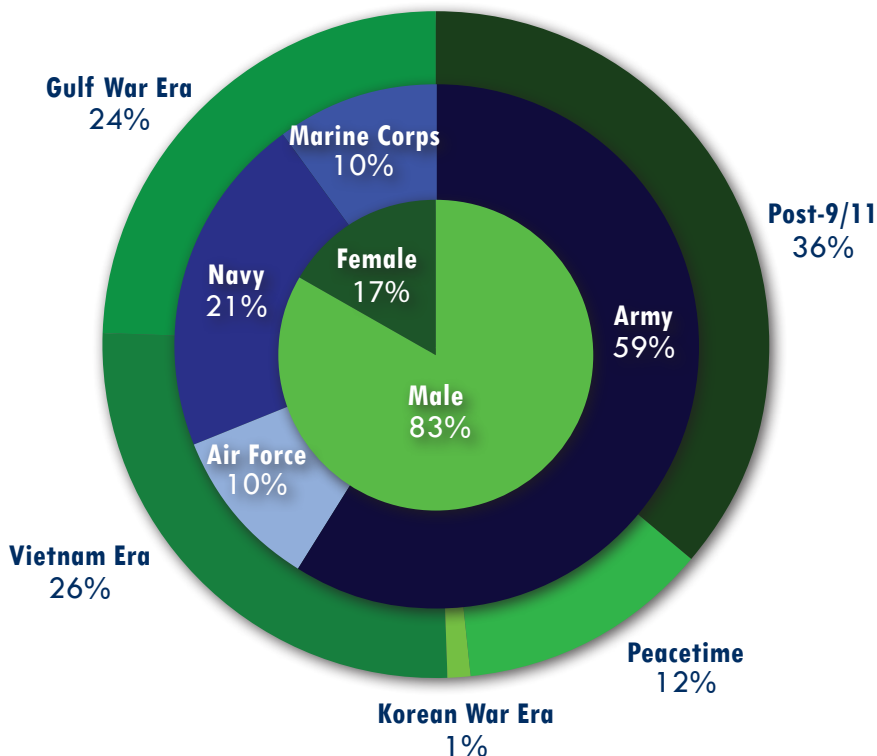
Program Description

Buddy-to-Buddy is a peer-to-peer program launched in 2009 that offers support and linkage to resources for Michigan service members and veterans. It is part of M-SPAN (Military Support Programs and Networks), a group of programs at the University of Michigan dedicated to military and veteran mental health and wellness.

Buddy-to-Buddy was developed in partnership with the Michigan Army National Guard to meet the unique challenges faced by Citizen Soldiers and Reservists. It has now been expanded to include all veterans in Michigan who may not know where to find the resources they need or may be reluctant to ask for help.

Buddy-to-Buddy Volunteer Veterans are on call throughout Michigan and help address issues ranging from accessing financial, employment, legal, benefit, or educational resources to identifying providers for mental health, substance abuse, or relationship concerns. Volunteers have assisted over 5,300 service members and veterans since the program's inception.

Volunteer Corps Profile



9.1

Average number of years
volunteers spent in the military

3.4

Average number of years
volunteers have served with
the Buddy-to-Buddy program